**GOAL 28.0 Le Petit Gourmet.**
**Goal 28.1**Before you start
**Goal 28.2**A word to the cook.
**Goal 28.3**A word to the adult.
**Goal 28.4**A guide to equipment
**Goal 28.5**Get it right.
**Goal 28.6**Basic cooking techniques
**Goal 28.7**Safety tips.