**GOAL 28.0 Le Petit Gourmet.**  
**Goal 28.1**Before you start  
**Goal 28.2**A word to the cook.  
**Goal 28.3**A word to the adult.                 
**Goal 28.4**A guide to equipment  
**Goal 28.5**Get it right.  
**Goal 28.6**Basic cooking techniques  
**Goal 28.7**Safety tips.